

nutribullet®

PERSONAL BLENDER



User guide



WARNING! To reduce the risk of serious injury, read the User Guide before operating your nutribullet® Personal Blender. Save these instructions. Be sure anyone who uses the nutribullet® knows how to do so safely.

IMPORTANT SAFEGUARDS

WHEN USING ANY ELECTRICAL APPLIANCE, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE OBSERVED, INCLUDING THE FOLLOWING:

WARNING! To avoid the risk of serious injury, carefully read all instructions before operating your nutribullet®. When using any electrical appliance, basic safety precautions should always be observed, including the following **important information.**

Each person using a device should completely read the User Guide and to become familiar with the safe operation of the unit.

! SAVE THESE INSTRUCTIONS! ● FOR HOUSEHOLD USE ONLY

GENERAL SAFETY INFORMATION

- This appliance shall not be used by children. Keep the appliance and its cord out of reach of children.
- Children shall not play with the appliance.
- Appliances can be used by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and if they understand the hazards involved.
- This appliance is intended to be used in household and similar applications such as:
 - staff kitchen areas in shops, offices and other working environments;
 - farm houses;

- by clients in hotels, motels and other residential type environments;
- bed and breakfast type environments.

- **NEVER LEAVE THE NUTRIBULLET® UNATTENDED WHILE IT IS IN USE.**
- **DO NOT USE OUTDOORS. ALWAYS UNPLUG THE NUTRIBULLET® WHEN NOT IN USE.**

HEAT & PRESSURE SAFETY



WARNING! TO AVOID PERSONAL INJURY, NEVER BLEND HOT, WARM OR CARBONATED INGREDIENTS OR LIQUID IN THE NUTRIBULLET® CUP!

FRICTION FROM THE EXTRACTOR BLADES WHEN BLENDING CAN CAUSE INGREDIENTS TO HEAT

AND GENERATE INTERNAL PRESSURE IN THE SEALED CUP. STARTING WITH HOT OR WARM INGREDIENTS ALLOWS MORE HEAT AND PRESSURE TO BUILD INSIDE THE CUP WHEN BLENDING. THIS MAY CAUSE THE CUP TO SEPARATE, EXPELLING HOT CONTENTS OR EXPOSING THE BLADE, BOTH OF WHICH MAY CAUSE INJURY. ALWAYS START THE BLENDING PROCESS WITH ROOM TEMPERATURE OR REFRIGERATED INGREDIENTS AND LIQUIDS (21°C OR COOLER).



WARNING! NEVER BLEND CARBONATED LIQUIDS OR EFFERVESCENT INGREDIENTS (E.G., BAKING SODA, BAKING POWDER, YEAST, ETC.). PRESSURE FROM RELEASED GASES CAN CAUSE A SEALED NUTRIBULLET® CUP TO BURST, RESULTING IN POSSIBLE INJURY AND/OR PROPERTY DAMAGE. BLADE FRICTION FROM PROLONGED OPERATION CAN HEAT INGREDIENTS AND GENERATE INTERNAL PRESSURE IN THE SEALED CONTAINER. THIS PRESSURE CAN CAUSE THE CUP AND BLADE TO SEPARATE OR BLENDED CONTENTS TO ERUPT FROM THE CONTAINER,

RESULTING IN POSSIBLE PERSONAL INJURY AND/OR PROPERTY DAMAGE. IF THE SEALED NUTRIBULLET® CUPS ARE WARM TO THE TOUCH, POWER OFF YOUR MACHINE AND ALLOW THE VESSEL TO COOL FOR FIFTEEN MINUTES OR MORE. ALLOW CONTENTS TO SETTLE BEFORE SLOWLY RELEASING THE CUP FROM THE MOTOR BASE. WITH THE NUTRIBULLET® CUP, POINTED AWAY FROM YOUR FACE AND BODY, SLOWLY UNSCREW THE EXTRACTOR BLADE TO GENTLY RELEASE ANY RESIDUAL PRESSURE.



WARNING! NEVER CONTINUOUSLY OPERATE FOR LONGER THAN ONE MINUTE INTERVALS. ALLOW AT LEAST A MINUTE OR MORE BEFORE STARTING ANOTHER BLENDING ANOTHER CYCLE.



WARNING! IF THE CUP IS WARM TO TOUCH ALLOW IT TO COOL COMPLETELY BEFORE CAREFULLY OPENING, POINTED AWAY FROM YOUR BODY TO AVOID INJURY.

- After blending, allow the contents to settle and carefully release any pressure that may have built up during the extraction process by slowly unscrewing the container from the blade

assembly. Have the container pointed away from you in case there is any built-up pressure.

- If you need to blend for longer than one minute, blend for 1-minute intervals. After the initial and each subsequent 1-minute blending cycle, allow the Motor Base to shut off completely and wait at least one minute before starting another cycle.
- If you need to blend for more than one cycle, allow the Motor Base to shut off completely, carefully open the Cup to release any built-up pressure, and wait at least one minute before starting another cycle.
- **DO NOT ALLOW BLENDED MIXTURES TO SIT IN A SEALED CONTAINER FOR LONG PERIODS OF TIME! DO NOT** leave your blended mixture in a sealed nutribullet® Cup either unrefrigerated or for a prolonged period of time. The contents will spoil and ferment producing gases that will pressurize the contents of the Cup that may cause the Cup and Extractor Blade to violently separate, potentially resulting in bodily injury and property damage. If you will not immediately consume or use the blended mixture, remove the Extractor Blade, cover

the Cup with a vented lid or plastic wrap or transfer to a vented container, and refrigerate.

- **NEVER** use the Extractor Blade as a storage lid.
- If you are unable to untwist the Cup from the Extractor Blade, **NEVER** leave the sealed contents out for a prolonged period of time. Immediately contact Customer Service and securely dispose of the Cup outside so you or others will not be injured if fermentation causes the Cup to separate.
- **DO NOT OVERFILL.** Filling above the MAX line can result in leakage and may create a dangerous pressurization which can cause the Cup and Extractor Blade assembly to separate.

EXTRACTOR BLADE SAFETY



WARNING! NEVER STORE ANY EXTRACTOR BLADE IN THE MOTOR BASE UNATTACHED TO A NUTRIBULLET® CUP. AN EXPOSED BLADE CAN PRESENT A LACERATION HAZARD.



WARNING! BLADES ARE SHARP! HANDLE CAREFULLY. USE CARE WHEN HANDLING ANY BLADE. TO AVOID LACERATION INJURY, DO NOT HANDLE OR TOUCH ANY BLADE EDGE.

- **AVOID CONTACT WITH MOVING PARTS!** Keep hands and utensils out of and away from the Extractor Blade while blending food to reduce the risk of severe personal injury.
- **ALWAYS** securely tighten the Extractor Blade to the Cup to prevent leakage and always check for leakage before operating.
- **NEVER** attempt to disengage the Cup from the motor base if leakage occurs. **UNPLUG** the unit and wait for the blades to come to a complete stop before attempting to remove the Cup.
- To prevent leakage and the possible separation of components during operation, properly align and securely attach (hand tighten) the blade to a nutribullet® Cup, and check for leakage before placing it on the Motor Base and operating your nutribullet®.
- Once you have stopped your nutribullet®, wait until the motor comes to a complete stop and the unit powers down completely before removing the Cup/Extractor Blade from the Motor Base. Taking the container off the unit prior to complete power down can cause damage to the Extractor Blade coupling or motor gear.
- **ALWAYS** wait until the blades come to a complete stop before removing the Cup/extractor blade from the Motor Base. Removing container

prior to the blades stopping may cause bodily injuries and damage to the Extractor Blade coupling or motor gear.

 WARNING! NEVER BLEND WITHOUT LIQUID AS DOING SO MAY DAMAGE THE EXTRACTOR BLADE OR MOTOR.

- The cyclonic action® of your nutribullet® requires the use of liquids to make smoothies and other nutritious beverages. The nutribullet® is not intended to be used as an ice crusher or without liquids. Always add liquid to your smoothie.
- **NEVER** overload the Cup with ice as it may stop the blades from turning causing the Cup to separate and exposing the blades.
- Remove all utensils from the Cup before blending.
- **DO NOT USE** the Extractor Blade for grinding dry ingredients such as grains, cereal, or coffee, as this may damage the motor and/or the Extractor Blade.
- We recommend replacing your Extractor Blade every 6 months (depending on use) or as needed for optimal performance.
- Always periodically inspect your Extractor Blade for damage ensuring that the blades rotate freely and the gasket is not missing or damaged. If damaged or

compromised in any way, immediately discontinue use and contact customer service.

- Certain configurations may contain a milling blade. This blade can be used for milling herbs, spices, grains, and seeds.
- Keep hands out of the Cup while blending to reduce the risk of severe injury to persons or damage to your nutribullet®. A scraper or spatula may be used, but must be used only when the blender is not running.

ELECTRICAL SAFETY

- Do not use this product in locations with different electrical specifications or plug types. Do not operate with any type of plug adapter or voltage converter device, as these may cause electrical shorting, fire, electric shock, personal injury or product damage. This appliance has important markings on the plug blade. The cord is not suitable for replacement. If damaged the appliance should be replaced.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
- For your safety, do not modify the plug or Motor Base in any way. Doing so will increase

risk of injury and void the product's warranty.

- The use of third-party attachments, including canning jars, is forbidden and may cause fire, electric shock, personal injury, or product damage and will void the warranty.
- To avoid risk of electric shock, never immerse the cord, plug, or Motor Base of blender in water or other electrical current conducting liquids. Discontinue use if the cord, plug, or Motor Base is damaged.
- Always **UNPLUG** the nutribullet® when it is not in use or **BEFORE** assembling, disassembling, changing accessories, or cleaning. Do not attempt to handle the nutribullet® until all parts have stopped moving.
- Do not allow the cord to hang over the edge of the table or counter. Do not pull, twist, or damage the power cord. Do not allow cord to touch hot surfaces, including the stove.
- If the motor stops working, unplug the Motor Base and let it cool for an hour before attempting to use it again. Your nutribullet® has an internal thermal breaker that shuts off the motor when it overheats. The thermal breaker will reset when the unit is unplugged and the thermal breaker cools down sufficiently.

⚠ CAUTION: In order to avoid a hazard due to inadvertent resetting of the thermal cut-out, this appliance must not be supplied through an external switching device, such as a timer, or connected to a circuit that is regularly switched on and off by the utility.

VENTILATION

⚠ WARNING! TO PREVENT A FIRE HAZARD, THE OPENINGS ON THE BOTTOM OF THE MOTOR BASE SHOULD BE FREE OF DUST OR LINT AND NEVER OBSTRUCTED AS THEY ARE PROVIDED FOR VENTILATION TO ENSURE RELIABLE MOTOR OPERATION TO PREVENT OVER HEATING. NEVER PLACE YOUR NUTRIBULLET® ON TOP OF FLAMMABLE MATERIALS SUCH AS NEWSPAPERS, TABLECLOTHS, NAPKINS, DISHTOWELS, PLACE MATS, OR OTHER SIMILAR TYPE OF MATERIALS.

- **CAUTION!** Always operate the nutribullet® on a level surface, leaving unobstructed space beneath and around the Motor Base to permit proper air circulation. Slots on the bottom of the Motor Base are provided for ventilation to ensure reliable operation and to prevent motor overheating.

MICROWAVE & STOVE-TOP HEATING SAFETY

- **DO NOT BLEND HOT INGREDIENTS!** After blending room temperature or cooler ingredients (21°C or less), transfer mixture to an unsealed, microwave-safe container or to a stove-top pot to heat. Always use a thermometer to test the internal temperature of cooked ingredients, they may feel cool to the touch, but still be hot inside.
- Do not place any of the nutribullet® parts in a microwave, oven or stove-top pot or immerse in boiling water as this may result in damage to the accessory.
- Avoid blending the following seeds and pits in the nutribullet®, as they contain a chemical known to release cyanide into the body when ingested: apple seeds, cherry pits, plum pits, peach pits, and apricot pits. Fruit pits may also cause damage to the blade and Cup.

MEDICAL SAFETY

- The information contained in this user guide is not meant to replace the advice of your physician. Always consult your physician regarding health and nutrition concerns.

MEDICATION INTERACTIONS:

- If you are taking any medication, especially cholesterol lowering medication, blood thinners, blood pressure drugs, tranquilizers, or antidepressants, please check with your physician before trying any of the smoothie recipes contained in the Recipe Guide.

ADDITIONAL INSTRUCTIONS FOR PROPER USAGE

- **TO AVOID LEAKAGE, DO NOT OVERFILL THE CUP!**
Make sure ingredients and liquid do not exceed the MAX line. The cyclonic action® of the nutribullet® requires space to extract effectively and exceeding the MAX line can result in leakage and may create a dangerous pressurization which can cause the vessel and blade assembly to separate.
- Cup and Extractor Blades are specific to the exact model of nutribullet®. Use of incompatible parts (parts from other models) may result in damage to your nutribullet® or create safety hazards. When replacing Cups or an Extractor Blade or ordering additional accessories from **nutribullet.co.uk**, or by contacting Customer Service,

please specify the model for parts that are compatible with your unit.

- Periodically inspect all nutribullet® components for damage or wear that may impair proper function or present an electrical hazard. Make sure that the power cord and plug are undamaged. Discontinue use and replace blending vessels if you detect cracking, cloudiness, or other damage to the vessel, tabs on the vessel or actuator tabs of the Motor Base. Ensure that the blades rotate freely and that the structure is undamaged. Make sure that the Motor Base is unobstructed and clean. Never operate your nutribullet® with damaged components. If your nutribullet® malfunctions in any way, immediately discontinue use and contact Customer Service by visiting **nutribullet.co.uk**. You may purchase new nutribullet® Cups, and Extractor Blades at **nutribullet.co.uk** or by contacting Customer Service.
- WE RECOMMEND REPLACING YOUR CUP EVERY SIX MONTHS.**
- If you have any comments, questions, or concerns, please go to **nutribullet.co.uk**.

! SAVE THESE INSTRUCTIONS!

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Thank you for purchasing the nutribullet® Personal Blender.
Find delicious recipes online at: **nutribullet.co.uk**

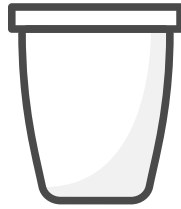
What's included



700W motor
base



700ml cup



530ml cup



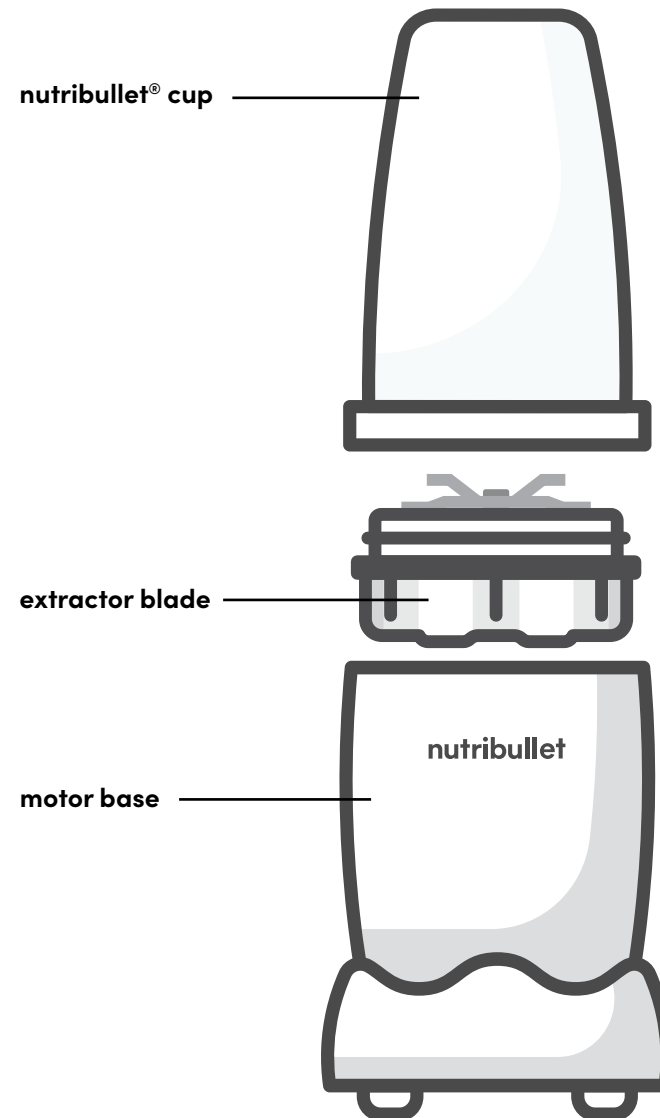
extractor blade



To-go lid

Product configurations may vary. To see our full list of nutribullet® accessories please visit [nutribullet.co.uk](https://www.nutribullet.co.uk)

Assembly guide



nutribullet® cup assembly & use

PLEASE KEEP THESE IMPORTANT SAFEGUARDS IN MIND WHEN USING THE NUTRIBULLET®:

! CAUTION! BLADES ARE SHARP. Handle with care to avoid bodily injury. **NEVER** store any exposed Extractor Blade in the Motor Base unattached to a nutribullet® Cup.

- **NEVER** blend hot or warm ingredients, carbonated liquids, or effervescent ingredients. Only blend room-temperature or refrigerated ingredients (21°C or cooler).

- **NEVER** attempt to open a nutribullet® Cup if it feels hot or warm to the touch. The contents may be heated and pressurized, causing the Cup to violently separate when opened, and potentially resulting in bodily injury.

! WARNING! DO NOT run for more than 1 minute per interval. **NEVER** exceed 3 consecutive 1 minute intervals, and carefully open the container between each interval.

- 1 Review all warning and caution statements in the Important Safeguards section (pg. 3-9) before proceeding to Step 2.



- 2 Place the **Motor Base** on a clean, dry, level surface such as a counter or table.



- 3 Add ingredients and liquid to the **nutribullet® Cup**.

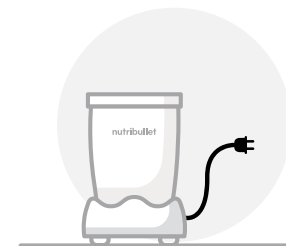
NOTE: Do not overfill! To avoid leakage, do not add ingredients beyond the MAX line.



- 4 Place the **Extractor Blade** onto the **Cup** and twist until it is tightly sealed.



- 6 Push and twist **Cup** into the **Motor Base** to activate the automatic blending cycle. This will automatically shut off after 55 seconds.



- 5 Plug the power cord into an electrical outlet.



- 7 Unlock the assembly by gently pushing and untwisting the **Cup** counterclockwise.

NOTE: Blending should not require longer than one minute to yield smooth and creamy results.

! WARNING! Do not remove the Extractor Blade from the nutribullet® Cup until blending has completely ceased.

Never run the nutribullet® while empty.

nutribullet® accessories are not intended to be used in the microwave as it may damage the accessories.

Never leave the nutribullet® unattended while in use.

DO NOT use the Extractor Blade as a storage lid or leave out a blending mixture sealed for a prolonged period of time. The contents may ferment causing the Cup to violently separate, which can result in bodily injury or property damage.

Care & maintenance

Cleaning the nutribullet® is easy, simply place any of the pieces (except for the Motor Base and Extractor Blade) on the **TOP RACK** of the dishwasher or hand wash with warm soapy water and rinse.

Here's how to clean the nutribullet®:

STEP 1:

The most important thing — ALWAYS UNPLUG the Motor Base from the power supply outlet when it is left unattended, before assembling, disassembling, changing accessories or approaching parts that move in use or when cleaning. Do not attempt to handle the appliance until all parts have stopped moving!

STEP 2:

Remove the Cup/Extractor Blade assembly from the Motor Base.

STEP 3:

Clean the individual components (Motor Base, Extractor Blades, nutribullet® Cups) as follows:

MOTOR BASE:

- For the most part, the Motor Base doesn't really get dirty, but if you neglect to twist the Extractor Blade on to the Cup tightly, liquids can leak out and get into the base and stick to the activator buttons.
- To avoid risk of injury, **NEVER** use your hands or utensils to clean the white actuator tabs while the nutribullet® is plugged in.
- Do not remove the rubber or plastic liners inside the Motor Base.
- Use a sponge or dish cloth dampened with warm soapy water to wipe down the inside and outside of the Motor Base until clean.
- Pay particular attention to the white actuator tabs on the inside of the Motor Base to loosen any sticky debris from drips and spills. If necessary, you may use a small brush to scrub the area to ensure it is kept clean.



WARNING! Never submerge the Motor Base in water.

EXTRACTOR BLADE:

- **DO NOT REMOVE THE GASKET** as this will permanently damage the Extractor Blade and cause leakage. If after washing as indicated above additional disinfecting is desired, you may rinse with a 10% vinegar/water solution or with lemon juice. If, over time, the gasket becomes loose or damaged, you may order a new Extractor Blade at nutribullet.co.uk or contact Customer Service.
- Dry the Extractor Blade completely. It is helpful to turn the blade on its side in your dish drainer to ensure **BOTH SIDES** of the Extractor Blade are completely dried.

NUTRIBULLET® CUPS & TO-GO LIDS:

- These items are all **TOP RACK** dishwasher safe. We recommend rinsing them and giving them a quick brush with a dish brush to remove any dried debris before washing them in the dishwasher. **NEVER** use the sanitize cycle to wash the Cups as this may warp the plastic.

- Regularly check the 3 tabs on the side of the Cup (cracking, crazing, breakage or rounding). Also, ensure that the blades to the Extractor Blade rotates freely and that gasket is not missing or damaged. If damaged, replace immediately to prevent possible personal injury.
- **NEVER USE A CUP WITH A BROKEN, DAMAGED, OR MISSING TAB AS DOING SO MAY CAUSE THE CUP AND MOTOR BASE TO SEPARATE EXPOSING THE BLADE ASSEMBLY!**

STUBBORN CLEAN UP:

- If ingredients dry inside the nutribullet® Cup, make your cleanup a snap by filling the Cup about 2/3 full with room temperature (21°C or less) water and screw on the Extractor Blade. Place the Cup/Extractor Blade assembly on the Motor Base for about 20–30 seconds. This will loosen the stuck ingredients, and with a light scrub and rinse, you'll be all finished.

Replacement parts

To order additional parts and accessories, please visit our website at nutribullet.co.uk

Do not use after-market replacement parts for your nutribullet®. Use of after-market replacement parts may result in damage to your nutribullet® or create safety hazards resulting in bodily injury or damage.

high street tv
Need help?
We're here
for you

Visit
nutribullet.co.uk for:



FAQ'S



Video Guides



Register your product

Join our community



Explanation of the marking



This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health for uncontrolled waste disposal; recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection system or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.



The transport and protective packing has been selected from materials, which are environmentally friendly for disposal and can be recycled. Ensure that any plastic, wrappers, bags etc. are disposed of safely and kept out of reach of babies and young children. Rather than just throwing these materials away, recycle them.



A Class II or double insulated electrical appliance is one which has been designed in such a way that it does not require a safety connection to electrical earth (ground).



The N mark is a seal of approval that shows a product has been tested for safety and meets the minimum requirements of the EU Product Safety.



Manufacturer's declaration that product meets the requirements of the application EC directives.



Get the **FREE nutribullet Recipe App today!**

You'll find hundreds of fun, easy and delicious recipes to enjoy!



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Illustrations may differ from the actual product. We are constantly striving to improve our products, therefore the specifications contained herein are subject to change without notice.

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